



Treatment of Nonalcoholic Fatty Liver Disease (NAFLD) with Nanozymes

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Global prevalence of NAFLD





Adapted from Younossi et al. Gastroenterology. 2016

Global prevalence of NAFLD



Figure 2: Geographical differences in the prevalence of NAFLD worldwide

The data represented are from a collection of reports from 1994 to 2019. An interactive map illustrating the prevalence and incidence of NAFLD worldwide is available online.¹⁹

https://kaplan-nafld-ucalgary.hub.arcgis.com/

The prevalence and incidence of NAFLD worldwide: a systematic review and meta-analysis. *Lancet Gastroenterol Hepatol* 2022;7:851-6.

Global prevalence of NAFLD



Only a minority of patients with NAFLD progress to NASH (Nonalcoholic steatohepatitis)



NOMENCLATURE

1986 NAFLD: Nonalcoholic fatty liver disease

Nonalcoholic fatty liver disease. Prog. Liver Dis 1986;8:283-98

2020 MAFLD: Metabolic dysfunction-associated fatty liver disease

A new definition for metabolic dysfunction-associated fatty liver disease: An international expert consensus statement. *J Hepatol* 2020;73:202-9

2023 MASLD: Metabolic dysfunction-associated steatotic liver disease

Delphi consensus statement on new fatty liver disease nomenclature. *Hepatology* 2023

DIAGNOSTIC



TREATMENT OF NAFLD

- There are no specific drugs approved for NAFLD treatment
- Vitamin E and pioglitazone may be used in selected patients with NASH, but effects are modest



Drugs for Non-alcoholic Steatohepatitis (NASH): Quest for the Holy Grail. Mithun Sharma, Madhumita Premkumar et al. Journal of Clinical and Translational Hepatology, 9, 1, 2 2021

There are no effective medical treatments

J Hepatol 2020;73:202-9 Endocr Pract 2022;28:528-62

Pathophysiology of NAFLD and NASH



Nanozymes to treat NAFLD?



Cerium oxide nanoparticles (CeO₂NPs)



 CeO_2NPs (4 nm)

• Superoxide Dismutase and Catalase mimetic catalytic activities

- "Non exhausting" free radical scavenging
- Liver tropism
- Remain long time in the liver

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HYPOTHESIS



ROS: Reactive Oxygen Species

RESULTS IN VITRO (aqueous solution)

AQUEOS SOLUTION OF H₂O₂

Europium-tetracycline assay



 CeO_2NPs (4nm) reduction of H_2O_2 levels in aqueous solution

Effect of CeO_2NPs (4 nm) on H_2O_2 levels after addition of H_2O_2 (150 μ M) up to 5 times

CeO_2NPs reduce H_2O_2 levels in aqueous solution

RESULTS *In vitro* **HEPATIC CELLS** (HepG2 cells)



CeO₂NPs are uptaken by human hepatic cells (HepG2 cells)

RESULTS In vitro (HepG2 cells)

CELLULAR OXIDATIVE STRESS CONDITIONS (H₂O₂ induced)



CeO₂NPs reduce intracellular oxidative stress and improve cell viability in hepatic cells cultured under oxidative stress conditions

RESULTS In vitro (HepG2 cells)

CELL CULTURE CONDITIONS Vehicle **Steatosis** Steatosis+CeO₂NPs HEPATOCELLU HepG2 cells HepG2 cells LAR HepG2 cells + oleic and + oleic and **STEATOSIS** palmitic acid palmitic acid INDUCTION CeO₂NP

А (x1,000,000) f(TIC (1,00) C16:0 C19:0 (IS) 6.0 C12:0 C18:1n9c 5.0 C16:1 4.0-C18:0 C18:2n6c C20:4n6 C20:5n3 3.0 C14:0 C18:3n6 20-C14:1 8.0 9.5 10.5 11.5 12.0 13.5 15.5 7.0 7.5 8.5 9.0 10.0 11.0 12.5 13.0 14.0 14.5 15.0 В С D 1.5 1.5 acids 1.5 -Saturated fatty acids (fold change) Total fatty acids (fold change) Unsaturated fatty ac (fold change) 1.0 -1.0 0.5 0.5 0.5 0.0 0.0 0.0 Control OAPA OAPA+ Control OAPA OAPA+ Control OAPA OAPA+ CeO2NPs CeO2NPs CeO2NPs

ANALYSIS OF CELLULAR FATTY ACID CONTENT BY GC-MS

RESULTS *In vitro* (HepG2 cells)



EFFECT OF CeO₂NPs ON FATTY ACID METABOLISM IN HEPATIC CELLS



EXPERIMENTS In vivo (Rats)

NAFLD: Nonalcoholic Fatty Liver Disease



EXPERIMENTS In vivo (Rats with NASH)

Protocol 1 (pilot study). Steatohepatitis was induced by a MCDD for 3 weeks in Wistar rats, which were randomly administered intravenously (iv) with CeO_2NPs (0.25 mg/kg; n=5) or vehicle (TMAOH; n=5).



EXPERIMENTS In vivo (Rats with NASH)

PROTOCOL 2. MCD-diet induced steatohepatitis in Wistar rats (5 groups; n=10/group).













General biochemical parameters





METABOLITES

0.3_T













(GC-MS)

AUCEOR









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HepG2 cells



NADH oxidation activity



Time (h)



Time (h)

Au@CeO₂



Conversion of NADH to NAD⁺



Reaction rate



PATHOPHYSIOLOGICAL ROLE OF LOW NAD⁺ IN NAFLD



Signal Transduct Target Ther 2020;5:227

ONGOING EXPERIMENTS

Evaluation of NADH oxidase activity *in vivo* Study of the metabolome of the liver

SUMMARY (1)

1. CeO_2NPs reduce H_2O_2 levels

In vitro - Human hepatic cells (HepG2)

- 2. CeO_2NPs are internalized in the cytoplasm
- 3. CeO₂NPs reduce oxidative stress and improve cell viability in cells treated with H_2O_2

5. CeO₂NPs reduce fatty acid content in an *in vitro* model of hepatocellular steatosis

In vivo – Rats (NASH)

- 6. CeO_2NPs reduce liver steatosis and IL-1 β
- 7. Ce and Au are mainly distributed to the liver after i.v. administration of NPs (CeO₂ and/or Au @mSiO₂)

SUMMARY (2)

8. CeO₂ and/or Au @mSiO₂ NPs reduce liver steatosis, ALT and hepatic expresión of inflammatory and steatosis genes in a rat model of NASH

CeO₂NPs and AuNPs may be of therapeutic value in NAFLD





